

Sprain & Bruise Rescue - Fast Relief Herbal Balm

DESCRIPTION

Nature's Gentle Yet Powerful Rescue for Everyday Bumps & Twists

This is no ordinary balm. At its heart are two legendary botanicals: **Comfrey** (revered for centuries as “knitbone” for its remarkable ability to support tissue repair) and **Arnica** (nature’s classic ally for bruises and trauma).

Blended with care into a nourishing base, these herbs work in harmony to calm discomfort, reduce the appearance of bruising, ease swelling from sprains, and support your body’s natural recovery process.

Crafted with Intention:

Olive Oil, Beeswax, Vitamin E Oil

The Healing Herbal Blend:

Comfrey, Arnica, and a thoughtful proprietary blend of essential oils chosen for their soothing and comforting properties.

Where Sprain & Bruise Rescue Shines:

- **Bruises & Discoloration** — Helps fade bruises faster and eases tenderness
- **Sprains, Strains & Twisted Joints** — Soothes swelling and supports mobility
- **Sore Muscles & Overworked Areas** — Ideal after workouts, gardening, sports, or physical labor
- **Everyday Bumps & Impacts** — Your go-to rescue after life’s little (and not-so-little) mishaps
- **General Joint & Tissue Comfort** — Promotes the body’s natural restorative properties

Bonus Everyday Uses Customers Love:

- Post-workout or post-gardening recovery

- Soothing tired hands, knees, ankles, shoulders, or lower back
- Gentle massage balm for active families, athletes, and busy bodies
- Travel companion for anyone on the move

Sprain & Bruise Rescue isn't just a salve — it's nature's first responder in a jar. Small-batch, all-natural, and made with pure intention for those who want dependable, plant-based support for life's inevitable bumps and bruises.

Disclaimer

Sprain & Bruise Rescue is a handcrafted herbal preparation lovingly made to support natural comfort and the body's healing process.

We recommend consulting with a qualified Integrative Healthcare Professional before use, especially if you are pregnant, nursing, have sensitive skin, a medical condition, or are taking any medications.

Important Safety Information:

- For **external use only**. Do not ingest.
- Apply only to **intact, unbroken skin**. Avoid open wounds, cuts, or irritated skin.
- Perform a **patch test** before first use.
- **Discontinue use** if you experience irritation, redness, or discomfort.
- Keep out of reach of **children**. Store in a cool, dry place.

Ingredients are natural, but individual sensitivities can occur. Results may vary. Always use as directed.